

SEPT 12 - SEPT 19, 2026  
ISLAND PAG, CROATIA



**TRAIN • RELAX • CONNECT**

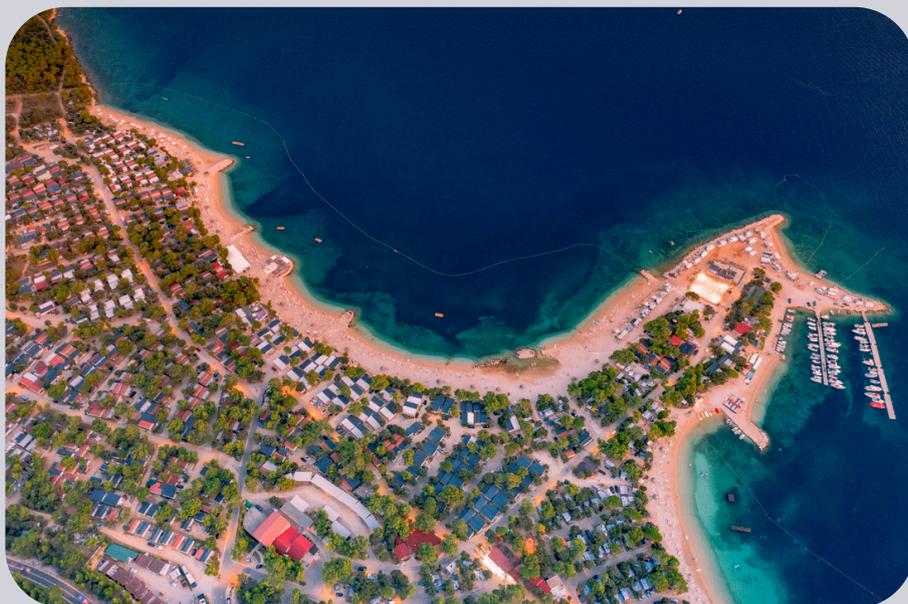
**CFK9 Training Camp 2026**

# WELCOME TO THE CFK9 TRAINING CAMP

Join us for **a week of training, sunshine, good vibes, and great company** on the Croatian coast.

This camp is **one of the highlights** of the CFK9 year. It's a chance to step away from your day-to-day life in Zurich and spend a full week training, relaxing and enjoying time together as a community.

Whether you come to train hard, enjoy the beach or simply spend a week with the CFK9 crew — this trip always becomes one of the best memories of the year.



# A TYPICAL DAY AT THE CAMP

**A typical day** to help you imagine how things will roll:

## Morning

Wake-up walk or run (optional)

Breakfast all together

## Late morning

Training session

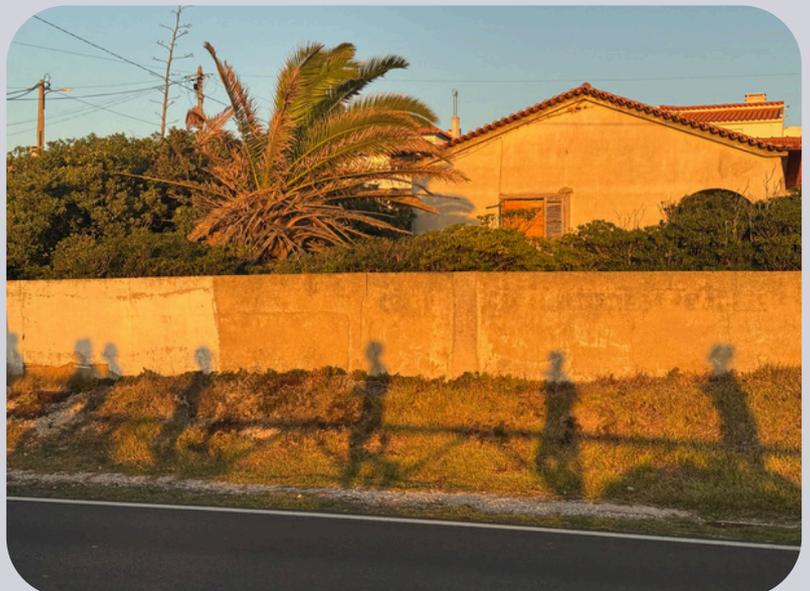
## Afternoon

Beach / activities / free time

Optional training session

## Evening

Dinner with the group



# TRAINING AT THE CAMP

Throughout the week the CFK9 coaching team will run **daily training sessions** designed for all levels.

Expect **a mix of:**

- Gym sessions
- Beach workouts
- Skill work
- Team events
- Recovery

Everyone can participate to all sessions and, if needed, adapted to your personal skill levels.



# TRAINING FACILITIES

The camp features a fully equipped functional fitness gym with:

- 150 m<sup>2</sup> indoor training area
- 130 m<sup>2</sup> outdoor training space
- Pull-up rigs
- Barbells and bumper plates
- Kettlebells and dumbbells
- Cardio machines

This allows us to run a full week of varied and fun training sessions.



# WHAT'S INCLUDED

- 7 nights accommodation in detached houses
- 7 breakfasts
- 3 group dinners
- 2 prepared lunches
- Training sessions with CFK9 coaches
- 1 group activity
- 1 hour sports massage
- Airport transfer from Zadar Airport

- *Optional activities may include:*

- *Hiking*
- *Paddleboarding*
- *Cycling*
- *Beach volleyball*
- *Kayaking*
- *Boat Trip*
- *Waterpark*



# ACCOMMODATION

Detached houses are the best blend of luxury and leisure.



Mobile homes in camp Šimuni can accommodate up to four people. Each house includes 2 bedrooms, 2 bathrooms, kitchenette and large terrace.



All houses are located 2 minutes from the beach.



## **Standard option**

- 3–4 people sharing a house

## **Upgrade options**

- 2 people per house
- Single occupancy house



# DINING OPTIONS



## The camp package includes:

- 7 breakfasts
- 3 group dinners
- 2 prepacked lunches



**Daily breakfast and 3 dinners are held at Mali Raj restaurants and 2 lunches are served as precooked nutritious meals.**



The campsite also offers 6 additional restaurants with a variety of food options., from fresh fish, through poke bowls to burgers or pizza.

## **Freedom of choice:**

(not included in the package)

The group will choose the remaining dinner spots together and everyone will have a free choice of lunch menu - whether in one of the restaurants or more prepacked meals.



The fantastic campsite offers a variety of facilities to enjoy throughout the week.

- Camp facilities
- Beach access
- Multiple restaurants and cafés
- Grocery store
- Wellness & massage centre
- Kids club
- Sports courts and activity areas
- Free Wi-Fi



# How To Get To The Camp

Flights are not included in the camp package.

The closest airport is **Zadar Airport**, approximately 1 hour from the camp.

## **Flight suggestions according to current schedules:**

Flying in:

Non-stop 12.9. 16:50 - 18:25

One-stop 12.9. 8:50 - 13:35

Flying out:

Non-stop 19.9. 19:15 - 20:40

One-stop 19.9. 10:10 - 16:10

Participants are responsible for booking their own flights.

**Airport transfers** to the camp are included in the package and will be organized for the group.



# Package prices

## Standard (3–4 people per house)

- 1290 CHF per person

Upgrade options:

- **2 people per house**

- 1460 CHF per person

- **Single house**

- 2040 CHF per person

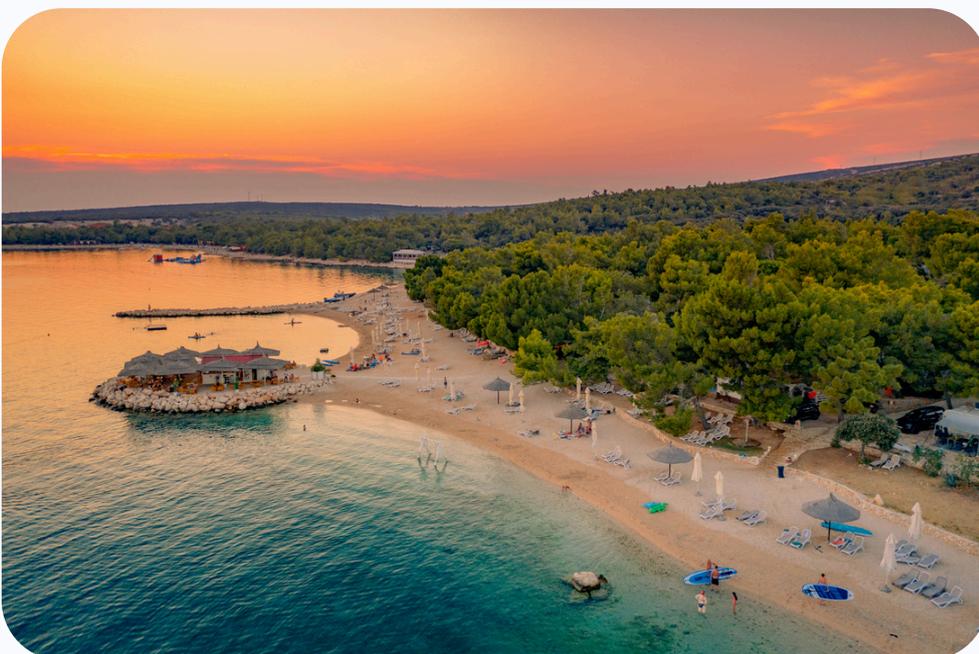
Would love to bring your children along?

- **Up to 2 year olds**

- 490 CHF per child

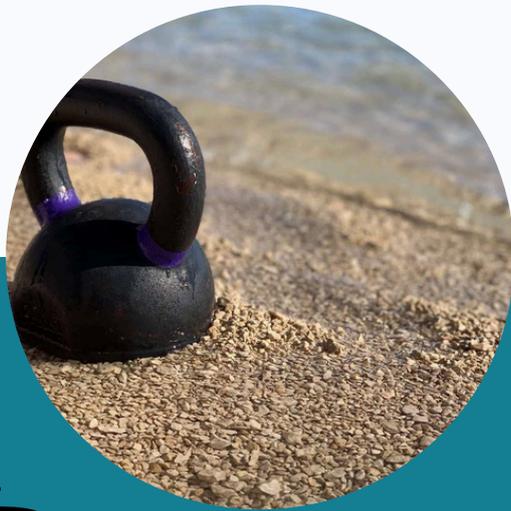
- **3 to 11 year olds**

- 890 CHF per child



# BOOKING

Click or scan



*Contact us*



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